

PROFESSIONAL DIPLOMA IN

# CHILD & ADOLESCENT PSYCHOLOGY

PROSPECTUS 2025

EQUIP YOURSELF  
TO BETTER  
SUPPORT  
CHILDREN &  
TEENAGERS



**CIRP**

Innovate | Inspire | Empower

COLOMBO INSTITUTE OF RESEARCH & PSYCHOLOGY



# CHILD & ADOLESCENT PSYCHOLOGY

Child Psychology is a specialized area in psychology, where behaviors and thinking patterns of children are studied in a scientific manner.

Based on evidence gathered using various types of scientific research, child psychologists present theories and models that could help us understand how children feel, think and perceive the world. Similarly some psychologists focus more on teenagers with regard to their behavior & thinking, a field popular as adolescent psychology.

Knowledge drawn from theories and frameworks in child & adolescent psychology gives a distinct advantage for any professional working with children.

Skills and knowledge in this field are essential to support and guide children and teenagers to improve their well-being, academic performance, prevent and alleviate distress caused by negative childhood experiences, emotional distress due to family conflicts and maladjustment, resolve crisis, and increase their ability to function better in their future.





# WHO WILL BENEFIT FROM THIS COURSE?

This course is designed for professionals from a non-psychology background to gather psychological knowledge and skills that will improve their effectiveness in working with children.

Upon completing this course you will be able to better understand children and teenagers in terms of their thinking, attitude, preferences and reasoning.

Your knowledge about abnormal behaviors in children will help you detect problems early and support and guide them before they become serious issues or disorders.

Further you will be able to develop basic counseling skills required to provide solutions for their problems or to direct them to advanced professional care when needed.

This course is not designed for individuals who aspire to become child psychologists. To become a child psychologist an individual requires a Masters level degree followed by extensive supervised training.







# ESSENTIAL AREAS IN CHILD PSYCHOLOGY

Professionals who already work with children or individuals who plan to become professionals in these fields could benefit immensely by adding knowledge and skills from child psychology to their skill set. Here are some of the key areas that would be useful for anyone working with children.

- **Cognitive Development of Children**
- **Moral & Social Development of Children**
- **Language & Communication Development**
- **Memory & Intelligence**
- **Learning Styles & Individual Differences**
- **Gender & Identity Development**
- **Self Esteem & Resilience in Children & Teenagers**
- **Autism, ADHD, Phobias, Developmental Disorders**
- **Dyslexia & Other Learning Disorders**
- **Effects of Trauma, Abuse, Family Conflicts**
- **Bullying, Social Anxiety, Juvenile Delinquency**
- **Eating Disorders, Body Image & Distress in Adolescents**
- **Counseling Children & Teenagers**







# COURSE STRUCTURE

Course Code	: DPAC
Duration	: 12 Months
Credits	: 120 UK Credits
Modules	: 06 Modules
Level	: UK Level 6
Delivery	: On Campus Online (RTVD)*
Schedule	: Weekends

\*Real Time Virtual Delivery

## ENTRY CRITERIA

### Academic Path

Minimum 2 A/L passes in any stream or a recognized Academic qualification equal to UK Level 4 in a relevant field

### Professional Path

Individual should have passed O/L and a professional qualifications awarded by a recognized professional body, accredited vocational or tertiary education organization and a minimum of 3 years of full-time work experience

Applications through professional path will be evaluated by the academic committee on a case by case basis and provide approval. They may be required to face an interview and submit evidence that they are suitable for postgraduate level studies.

## ACCREDITATION



**CIRP is registered at TVEC as an awarding body since 2012**

## WORK PLACEMENTS

Students who complete this course successfully may apply for a work placement to improve their skills in child psychology by learning to apply the knowledge through a supervised placement.

You are able to apply for the work placements offered by CIRP at the counseling centers of CIRP or its partner organizations.



# MODULE STRUCTURE

Module Code	Module Title	Credits
DPG001	Human mind, Brain & Behavior	15
DPG002	Cognitive & Social Development	15
DPG003	Personality & Identity	15
DPC001	Psychological Disorders in Children	15
DPC002	Learning Disorders	15
DPC003	Effects of Trauma & Abuse	15
DPC004	Disorders of Adolescence	15
DPC005	Counseling Children & Teenagers	15

Module	DTH*	TSH*	Assessments
DPG001	20h	150h	Coursework 1500-word assignment
DPG002	20h	150h	Individual Presentation
DPG003	20h	150h	Poster Presentation
DPC001	20h	150h	Coursework 1500 word assignment
DPC002	20h	150h	Case Study analysis
DPC003	20h	150h	Case Management Plan
DPC004	20h	150h	Education Management plan
DPC005	20h	150h	Case Study analysis

\*DTH - Direct Teaching Hours \*TSH - Total Study Hours





# STUDYING AT CIRP

CIRP, as the premier campus for psychology in Sri Lanka is committed to offer its students best learning experience. Our students have access to a range of facilities and resources from the largest psychology library in the country to a comprehensive online learning platform with a an E-library where you can study at your convenience.

From welcoming you to a vibrant multicultural campus environment, until you celebrate your academic achievement at the graduation ceremony, we will ensure you a productive and a joyful student journey.







# CIRP- 15 YEARS OF SUCCESS

CIRP, the pioneer in transnational education in psychology in Sri Lanka is well-known in the South Asian region for its academic excellence. With a successful history of 15 years in offering undergraduate, postgraduate and professional courses in Psychology and related areas, CIRP has the largest psychology student population in the country.

CIRP's commitment to producing employable graduates is supported by its' comprehensive curricula, modern assessment techniques, world class learning resources and excellent lecturing staff from Sri Lanka as well as abroad.

University of Bolton, UK is CIRP's main academic partner and it has established transfer programs with universities in UK, Australia and New Zealand.



**5 000+**  
ALUMNI



**30+**  
DIFFERENT COURSES



**95%**  
EMPLOYABILITY



**90%**  
STUDENT SUCCESS

#cirpgrad

Congrat



CIRP - SRI LANKA'S PREMIER CAMPUS FOR PSYCHOLOGY



# CIRP'S GLOBAL PARTNERSHIPS

## Academic Partners



## Transfer Partners



## Accreditations



## OTHER COURSES AT CIRP

### Foundation Courses

CIRP Psychology Foundation  
NCC UK International Foundation

### Degree Courses

BSc (Hons) Psychology  
BSc (Hons) Psychology, Psychotherapy & Counseling

### Transfer Degree Courses

CIRP - Edith Cowan University, Australia  
CIRP - Flinder's University, Australia  
CIRP - Victoria University of Wellington, New Zealand  
CIRP - University of Bolton, UK

### Master's Degree Courses

MSc Psychology  
MSc Clinical & Counseling Psychology  
MSc Business & Organizational Psychology  
MSc Applied Psychology

### Postgraduate & Professional Courses

PGD in Counseling & Psychotherapy  
PGD in Business & Organizational Psychology  
Diploma in Child & Adolescent Psychology  
Diploma in Forensic & Criminal Psychology



# ADMISSION PROCESS

## **1. Check if you meet the entry Criteria**

If you need any clarifications with regard to your eligibility, please speak to one of our admissions officers.

## **2. Complete the application form**

Documents : Copy of NIC / Passport ,  
Certificates & Transcripts of  
Qualifications/ Service Letters

## **3. Pay the course fee**

Course fee (Full Fee or Down payment)  
with Registration Fee should be paid at  
the time of submitting the application.

## **4. Receive the student ID & Student Hand Book**

You will receive the Student ID and  
access to CIRP VLE that includes  
student handbook and other material.

## **5. Commencement of the Course**

While you await the commencement of  
the program you can prepare yourself  
using the learning resources in the E  
Library and the VLE

**CIRP VLE is the Online Learning  
Platform that provides lecture  
material, learning resources, Online  
library and other resources to  
students.**





# JOIN IN THE PROFESSIONAL DIPLOMA IN CHILD & ADOLESCENT PSYCHOLOGY

CONTACT US TO ARRANGE AN APPOINTMENT  
WITH OUR EXPERT STUDENT ADMISSIONS OFFICERS

Call us : +94 0117 212 333 / 0117 212 999

Chat with us : +94 070 341 8001

Email : [info@cirp.lk](mailto:info@cirp.lk)

Website : [www.researchandpsychology.com](http://www.researchandpsychology.com)

We encourage you to visit our campus premises to have face to face meeting with our staff, explore the facilities & resources & make an informed decision about your future.

CIRP Campus : No 230, Galle Road,  
Colombo 04 (Bambalapitiya),  
Sri Lanka