

# DIPLOMA OF HIGHER EDUCATION IN PSYCHOLOGY & SPORTS SCIENCE

## Overview

Interested in sports? Dreaming about how to find a decent, well respected and a well- paid job while still maintaining your passion for sports? Here is a rare and an ideal opportunity to satisfy your competing needs to be successful in life and play in the field. This program is designed to produce professionals in sports psychology, the individuals who are qualified in sports science as well as psychology with the ability to combine their expert knowledge to increase the effectiveness of training, psychological drive in performance and motivation and balancing personal life with the very busy schedules of professional sportsmen and women today. Students could either continue with the same combination for the final year or to switch the fields entirely in to psychology. For details on progressing or transferring after the DHPS, check the relevant section on page .....

## Modules

Introduction to Psychology	15
Biopsychology	15
Social Psychology	15
Quantitative Research Methods	15
Qualitative Research Methods	15
Personality	15
Statistics 1	15
Motivation & Emotion	15
Food, Nutrition & Health	15
Anatomy & Physiology for Sports	15
Introduction to Sports Psychology	15
Training & Skill Development	15
Life Style & Well-being	15
Sports & Exercise Biomechanics	15

## Elective Modules\*

Developmental Psychology	15
Psychometrics	15
Cognitive Psychology	15
Placement	15
Basics of Neuroscience	15
Coaching for Sports	15
Life Style Coaching	15
Sports & Exercise Safety	15
Sports & Exercise for Special Groups	15
Fitness & Performance Testing & Analysis	15
Health & Exercise Trends	15

\*Select upto 02 of the electives given above

## Credits

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Personal Trainer



Professional Coach



Rehabilitation Coach



School Sports Coach



Sports Psychologist