

POSTGRADUATE DIPLOMA IN COGNITIVE BEHAVIORAL THERAPY

Overview

(Pg. Diploma in CBT aims to increase the students' knowledge and research in CBT and to promote a critical approach to the subject.) The course provides practical, intensive and detailed skills training to facilitate skills development to a defined standard of competence.

This qualification is designed for professionals in the mental health sector, including both psychologists and medical doctors to improve their clinical skills in psychotherapy to enhance the quality of the service they provide to the patients and clients and thereby broaden the range of services they are able to provide.

Course Information

Program Code	CBT
Duration	1 Year
Semesters	03
RQF Credits	120
Delivery	On Site
Schedule	Part Time
Intakes	February & September
Modules	04

Awarding body

Coventry University UK

Teaching Institute

CIRP School of Psychology

Entry Requirements

An undergraduate degree in Psychology, Medicine, Nursing, Social Work or any other allied health science

Assessments

Written Examinations
Coursework

"CBT is a scientific psychological approach that has been rigorously tested to show improvement in many problems including depression, anxiety and trauma.

You will learn the 'How to do it' of clinical psychological skills following what the scientists have found to be the most effective forms of treatment.

It is an intensive 1 year training but well worth it! You will receive clinical case supervision, theory, skills work and best of all, contact with patients!"



Matt Broadway - (Hons)

BSc MSc MBABCP

Program Leader - CBT Program

Consultant Psychotherapist

BABCP Accredited Supervisor

Trainer in Mental Health and Long Term Conditions.

Modules

Fundamentals of CBT
CBT for Anxiety Disorder
CBT for Depression
Personal and Professional Development

[For More Details](#)

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